Come Join Us for an OPEN HOUSE

Clifton Park Senior Community Center
Wednesday, August 21st
1:00 pm - 3:00 pm

Are you a new member? Not yet a member? Know someone who might like to join us? Come and meet some of our instructors and learn about the many programs & classes we have to offer!

*There will be class demonstrations*
*Light Refreshments will be served*

Advanced Registration Required
All attendees will have an opportunity to enter their name for a chance to win a gift basket. Compliments of Peregrine Senior Living at Clifton Park.

Sponsored by:
<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, July 1st</td>
<td>1:00pm</td>
<td>Soul Line Dancing with Linda - New Session Begins</td>
</tr>
<tr>
<td>Tuesday, July 2nd</td>
<td>10:00am</td>
<td>Tai Chi - New Session Begins <em>Please note new session start date of 7/2</em></td>
</tr>
<tr>
<td>Thursday, July 4th</td>
<td>CLOSED</td>
<td>Center is Closed. Happy 4th of July!</td>
</tr>
<tr>
<td>Friday, July 5th</td>
<td>12:30pm</td>
<td>Movie Matinee: Club Paradise</td>
</tr>
<tr>
<td>Tuesday, July 9th</td>
<td>8:30am departure</td>
<td>TRIP: Old Forge Lake Cruises</td>
</tr>
<tr>
<td>Wednesday, July 10th</td>
<td>12:30pm</td>
<td>EEE: An Introduction to Digital Borrowing - Presented by CP-Halfmoon Public Library</td>
</tr>
<tr>
<td>Wednesday, July 10th</td>
<td>1:00pm</td>
<td>NEW! Free Strength &amp; Conditioning Class</td>
</tr>
<tr>
<td>Friday, July 12th</td>
<td>1:15pm</td>
<td>Latin Line Dancing - New Session Begins</td>
</tr>
<tr>
<td>Monday, July 15th</td>
<td>11:30am-12:30pm</td>
<td>Farmers Market Coupons available at the Center</td>
</tr>
<tr>
<td>Monday, July 15th</td>
<td>12:30pm</td>
<td>EEE: Comedy with Jack</td>
</tr>
<tr>
<td>Wednesday, July 17th</td>
<td>1:00pm</td>
<td>Strength &amp; Condition Class - 3 week session begins</td>
</tr>
<tr>
<td>Saturday, July 20th</td>
<td>10:45am departure</td>
<td>TRIP: The Saratoga Performing Arts Center (NYC Ballet) - Members Only</td>
</tr>
<tr>
<td>Thursday, July 25th</td>
<td>7:00am departure</td>
<td>TRIP: Saratoga Race Track (Breakfast &amp; Tour) - Members Only</td>
</tr>
<tr>
<td>Tuesday, July 30th</td>
<td>1:30pm - 2:30pm</td>
<td>NEW! Basics of Modern Technology with Madeline - 5 session course begins</td>
</tr>
<tr>
<td>Tuesday, July 30th</td>
<td>2:15pm</td>
<td>Tai Chi for Arthritis (seated/standing) - New Session Begins</td>
</tr>
<tr>
<td>Saturday, August 3rd</td>
<td>9:00am - 4:00pm</td>
<td>Summer Book Fair</td>
</tr>
<tr>
<td>Sunday, August 4th</td>
<td>11:00am - 3:00pm</td>
<td>Summer Book Fair</td>
</tr>
<tr>
<td>Thursday, August 8th</td>
<td>8:30am departure</td>
<td>TRIP: Lobsters &amp; Legends (West Springfield, MA)</td>
</tr>
<tr>
<td>Wednesday, August 21st</td>
<td>1:00pm</td>
<td>Clifton Park Senior Community Center Open House!!</td>
</tr>
<tr>
<td>Saturday, August 24th</td>
<td>9:00am departure</td>
<td>TRIP: New York Renaissance Faire (more details to come!)</td>
</tr>
<tr>
<td>Wednesday, August 28th</td>
<td>9:15am</td>
<td>AARP Smart Driver Course</td>
</tr>
<tr>
<td>Thursday, September 5th</td>
<td>7:45am departure</td>
<td>TRIP: Val-Kill Cottage and Clove Creek Dinner Theatre</td>
</tr>
<tr>
<td>Thursday, September 19th</td>
<td>9:15am departure</td>
<td>TRIP: A Tribute to American Bandstand at the Log Cabin</td>
</tr>
<tr>
<td>Sunday, October 6th</td>
<td>1:00pm</td>
<td>Fall Basket Party</td>
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<tr>
<td>October 10th - October 14th</td>
<td>Multi Day</td>
<td>TRIP: Washington, DC</td>
</tr>
</tbody>
</table>

**2-DAY SUMMER BOOK SALE**

Saturday, August 3rd from 9am - 4pm  
Sunday, August 4th from 11am - 3pm

We welcome your donations of books (hardback and paperback), Children’s books, CDs, DVDs, and audiobooks. Please remember that books should be clean and in otherwise good condition (without markings; pages and covers intact, not moldy or excessively dusty, et cetera).

Books on subjects that quickly become dated (medical topics, computer-related, et cetera) should not be over 5 years old. We cannot accept textbooks at all.

**VOLUNTEERS NEEDED FOR: PROGRAM COMMITTEE**

Do you have a heart for service and a few hours to spare? We are looking to enlist volunteers who can share their talents and ideas. Through your contributions, we are able to expand the number and variety of programs and activities provided to our members here at the Center. This is a great way to meet people & have fun!

If you would be interested in joining our newly formed Program Committee, contact Sue or Raina at (518) 383-1343.
Wednesday, July 10th
AN INTRODUCTION TO DIGITAL BORROWING
The Clifton Park-Halfmoon Public Library will present “An Introduction to Digital Borrowing.” They will demonstrate how to navigate Ebooks, Audiobooks, Music, Magazines and Movies, using online applications and your library account number. Pre-registration required at the front desk. Free. Membership Not Required.

Monday, July 15th
COMEDY with JACK
We’re standing up with Jack again!
Come laugh and have some fun with Jack, amateur stand-up Comedian.

Should you wish to enjoy lunch at the Center prior to the presentation, you must sign up separately with the kitchen at (518) 383-1343, no later than 12noon the day before. Congregate Lunch is provided by the Saratoga County Office for the Aging. Lunch is served promptly at 12noon.

Saratoga County Office for the Aging is funded by Title III of the Older Americans Act, New York State Office for the Aging, the County of Saratoga and local Municipalities.

LET’S TALK - Registration required for all programs, classes & events.

BASIC COMPUTER SKILLS
With Bob Stromberg
Our helpful & patient Computer advisor, Bob Stromberg, is taking July & August off to enjoy the summer; He will resume his group classes in September; dates will follow in our August newsletter.

For members only, he will continue to provide one-on-one sessions on Tuesdays & Thursdays, through the summer, between the hours of 10am - 12noon.
Please contact the front desk to schedule your appointment.
*Please bring device(s) fully charged*

Basics of Modern Technology
Free 5-session course with Madeline
Tuesdays
July 30th - August 27th
1:30pm - 2:30pm

If you have ever wanted to learn how to better use modern technologies and programs such as email and Google, this is the class for you! Basics of Modern Technology is a five-session course that will allow seniors to learn how to easily use things like email, FaceTime, and Google, as well as how to be safe while using these programs. No previous knowledge is required. Course will be instructed by High School Sophomore, Madeline, who is a Girl Scout going for her Gold Award.
Pre-registration required as space is limited.
Open to the public.

Diabetes Support Group
11:00 - 12noon
Friday, July 5th: “When you need help: Preparing for emergency medical service (EMS)” presented by Halfmoon EMS.
Friday, August 2nd: “How activity affects blood glucose” presented by Judy Carr, Certified Diabetes Educator
Thank you to Classic Crust Mobile Catering for the amazing woodfired pizzas provided to our members at our June dinner. DJ Ernie Apisa provided the wonderful musical entertainment. Thank you to CDPHP for your generous sponsorship of this event.

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We appreciate all our hard working senior volunteers for assistance with set-up, serving and clean-up. These events would not be successful without you!

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Many thanks to all the members who attended the Father’s Day Celebration on June 14th! We hope everyone had a wonderful time.

Thank you to all who brought in food to share, as well as Sorrentino’s Delicatessen & Market for donating all of the hot dogs & buns.

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Thank you to all those who donate to the Jonesville Food Pantry. Please be sure to check the expiration date, prior to making your donation. Thank you!

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JULY 2019 Art Show at the Clifton Park Senior Community Center
Artist: Carol Winterton

The Southern Saratoga Art Society will be showing paintings by a local artist, Carol Winterton. She works in multiple mediums, mostly oil, watercolor and acrylics. Carol painted professionally in the 80s, then her focus went to raising a family. With the passing of her husband in 2016, she began to paint again and found it provided her a needed comfort and joy at the same time.

Most of her paintings are coastal scenes but she does branch out to seasons and some animals. She loves to paint and will paint almost anything that is requested.

For more information, please contact:
Show Chairperson Richard Kitchen at rkfineart@gmail.com or 925-858-1367.

Live Entertainment, Dancing, and Karaoke with Brian Zapel!
7:00 pm
2019 Schedule:
No Summer Performances.
Sunday, September 29th
Sunday, December 29th
Bring your own snacks. $5 per person at the door.
Open to the Public.

RED HAT MAMAS:
Wednesday, July 10th, 12:00 noon at Wheatfields, 54 Clifton Country Road, Clifton Park. Please RSVP by calling Jackie at (518) 630-5796 if your last name begins with A-L or Betty at (518) 406-5167 if your last name begins with M-Z.

SINGLES LUNCH BUNCH:
Saturday, July 20th at 12:30 pm at Villago Pizzeria & Ristorante, 175 Lake Road, Ballston Lake. We will have separate checks, order off the menu, announce birthdays for the month and welcome new friends. Please RSVP to Sandy Nolin by Wednesday, July 17th at 518-399-5812 or sandra4shen@aol.com.

Farmers Market Coupons available at the Clifton Park Senior Community Center on:
July 15th from 11:30am—12:30pm

It’s that time of the year again! Go to your local Farmer’s Market to get high-quality local food and agricultural products direct from the farmers and producers.

The farmer market coupons eligibility guidelines are as follows:
You must be 60 years of age or older, ONE booklet per season per individual. Income at or below: $1926 per month, household of one; $2607 per month, household of two. Each booklet value is $20.00, 5 - $4.00 coupons that are good for fresh fruits and vegetables at local participating Farmer Markets. No change can be given for any unused amount on a coupon.

Call Office for the Aging @ 884-4100 for more information and details on scheduled outreach events.
Let's Move - Registration required for all programs, classes & events.

SOUL LINE DANCING with Linda
Mondays from 1:00pm - 2:00pm:
7/1, 7/8, 7/15, 7/22 ($10/month)

LATIN LINE DANCING:
Fridays from 1:15pm - 2:15pm:
7/12, 7/19, 7/26 ($10/month)
Instructed by Ray Nunez & Mark Nunez

BOCCE BALL
NEW PLAYERS WELCOME!!!
10am - 11:30am.
Groups meet on Mondays & Wednesdays

TAI CHI:
Tuesdays from 10:00am - 11:00am
7/2, 7/9, 7/23, 7/30 ($28/session)
4-week session instructed by Bonnie Furlong, RN

TAI CHI for ARTHRITIS (seated/standing):
Tuesdays from 2:15pm - 3:15pm:
7/30, 8/6, 8/13, 8/20 ($28/session)
4-week session instructed by Rich Martin

EXERCISE TO TAPE
Are you an early bird? Join us for this fun & free class!
Mondays, Wednesdays & Fridays
8:45am - 9:45am

STRENGTH & CONDITIONING CLASS
Wednesdays at 1:00pm
All fitness levels welcome!
Come and join Teresa Burke, fitness instructor from HealthPlex. She will be conducting a total body strength & conditioning class, focusing on improving balance, movement & strength.
*Advanced sign up required*
*Space is limited*
FREE trial class on 7/10
3-week session only $15.00
Dates are as follows:
7/17, 7/24, 7/31

YMCA Days
As a member of the Clifton Park Senior Community Center, you have free access to the Southern Saratoga YMCA on every 1st and 2nd Wednesday of the month. Center members must be in good standing and show their valid membership card at the Y's front desk.

Craft Connection with Rosemarie
10:00am on Wednesdays:
July 10th - Coasters
July 24th - TBA

The only thing required is a sense of humor and a willingness to try. Examples of the upcoming month's projects will be at the front desk.
Space is limited.
A name you can trust.
For information, call
(518) 641-3400 or 1-888-519-4455
TTY/TDD (518) 641-4000

From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m. Monday through Friday the rest of the year.
CDPHP® is a health plan with a Medicare contract. Enrollment in CDPHP Medicare Choices depends on contract renewal.
Capital District Physicians’ Health Plan, Inc.
CDPHP Universal Benefits, Inc.

A plan for life.

This is an advertisement. Y0019_16_0864 Accepted

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Enhanced Assisted Living

A Choice Instead of a Nursing Home
Our Enhanced Living Offers:
• Physical assistance with ambulation and transferring
• Assistance with ADLs including: bathing, showering and feeding
• Medication management and skilled nursing tasks
• Blood Glucose Monitoring
• Catheter/Foley Care

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Big enough to accommodate.
Small enough to care.

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Proud to be the only New York State “Women Business Enterprise” certified funeral home.

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townleywheelerfh.com • 518-399-5022

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“Specializing in Medicare Health Plans”
“Helping Seniors with Health Insurance Options”
A FREE COMMUNITY SERVICE for Over 10 Years
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SonyaACHandler@gmail.com

A truly different assisted living community for the memory impaired
Embracing long term memories
Enriching mind, body and spirit
Empowering our residents to thrive the Peregrine Way®
Call today for more information or to schedule a tour.

1 Emma Lane, Clifton Park, NY 12065
518-371-2200
www.cliftonparkmemories.com

Support our Advertisers when you can...Let them know you appreciate their ad!
Saratoga County Office for the Aging offers hot lunches daily at the Center with advance reservations. Daily lunches are prepared by Northeast Dining & Lodging (NDL). Participants must be at least 60 years old. **First time participants must complete a registration form.** Registered participants must call the kitchen at (518) 383-1343 to make a reservation, no later than 12 noon, the day before attending for lunch.

**SARATOGA COUNTY OFFICE FOR THE AGING - JULY MENU**

**CONGREGATE & HOME DELIVERED MEALS 363-4020**

**Served Monday-Friday at 12 pm**

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<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
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<tr>
<td>Rosemary Garlic Lemon Chicken over Rice Broccoli Warm Peach Crisp</td>
<td>BBQ Pork Loin Cubed Sweet Potato Cabbage Dinner Roll Spiced Apples &amp; Raisins</td>
<td>Hot Dog w/Sauerkraut on Bun Baked Beans Home Fries Patriotic Cake</td>
<td>Egg Salad on Wheat Carrot &amp; Raisin Salad Beet &amp; Onion Salad Cantaloupe</td>
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<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
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<tr>
<td>Baked Fish w/Creamy Dijon Sauce over Brown Rice Brussels Sprouts Warm Berry Crisp</td>
<td>Chicken Alfredo Pasta Peas Pears</td>
<td>Meatball Sub Yellow Squash Cauliflower Fruit Cocktail</td>
<td>Sausage Patty w/Peppers &amp; onion on Sandwich Roll Red Bliss Potatoes Carrots Peaches</td>
<td>Ham &amp; Swiss on Sandwich Roll Mayonnaise Marinated Green Beans Orange Whip</td>
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<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
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<tr>
<td>BBQ Chicken over Rice Spinach Warm Cornbread Yogurt</td>
<td>Italian Meatloaf Pasta Zucchini &amp; Yellow Squash Chocolate Cookies</td>
<td>Roast Pork w/Gravy &amp; Mashed Potatoes Key Biscayne Blend Vegetables Warm Apple Crisp</td>
<td>Oven Fried Chicken w/ Gravy Mashed Sweet Potatoes Lima Beans Tropical Fruit</td>
<td>Seafood Salad Cold Plate Pea Salad Dinner Roll Mandarin Oranges</td>
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<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td>Swedish Meatballs over Pasta Broccoli Warm Peach Crisp</td>
<td>Breaded Pork Slice w/ Gravy Rice Spinach Pineapple</td>
<td>Chicken w/Spinach &amp; Feta Cheese sauce Buttered Pasta Key Biscayne Blend Vegetables Dinner Roll Pears</td>
<td>Smothered Steak A La King Oven Browned Potatoes Peas &amp; Carrots Fruit Cocktail</td>
<td>Tuna Salad on Wheat Marinated Green Beans Coleslaw Banana</td>
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</tbody>
</table>

**Menu Subject To Change.** Coffee, Tea and Butter are served daily at sites. The suggested contribution is $2 per meal. There is a $6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**
**DAILY ACTIVITY CALENDAR**

(*denotes free activity/class for members)

Clifton Park Senior Community Center, 6 Clifton Common Court, Clifton Park

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Tap (Int. II)</td>
<td>Exercise to Tapes*</td>
<td>Exercise to Tapes*</td>
<td>Exercise to Tapes*</td>
<td>Orchestra*</td>
</tr>
<tr>
<td>9-10 am</td>
<td>8:45-9:45 am</td>
<td>8:45-9:45 am</td>
<td>8:45-9:45 am</td>
<td>9-10:55 am</td>
</tr>
<tr>
<td>Jazz</td>
<td>Pool &amp; Billiards*</td>
<td>Senior Investment Club</td>
<td>Pool &amp; Billiards*</td>
<td>Tap Advanced</td>
</tr>
<tr>
<td>10-10:45 am</td>
<td>9-12 pm</td>
<td>9:30-11:30 am (2nd Wed.)</td>
<td>9-12 pm</td>
<td>9-10 am</td>
</tr>
<tr>
<td>Chair Yoga</td>
<td>Duplicate Bridge Lesson</td>
<td>TOPS (now accepting new participants!)</td>
<td>Yoga</td>
<td>Woodcarving*</td>
</tr>
<tr>
<td>10-11:00 am</td>
<td>10–11:00 am</td>
<td>10-11:30 am</td>
<td>10-11:00 am</td>
<td>9-12noon</td>
</tr>
<tr>
<td>Bocce* (May - Oct)</td>
<td>Tai Chi</td>
<td>Memories to Memoirs*</td>
<td>Chorus*</td>
<td>Ballet</td>
</tr>
<tr>
<td>10-11:30 am</td>
<td>10-11:00 am</td>
<td>10-12 pm (2nd Wed)</td>
<td>10-00-11:30 am</td>
<td>10-10:45 am</td>
</tr>
<tr>
<td>Basic Computer Class*</td>
<td>Dice: LCR or Dice 3000*</td>
<td>Social Bridge*</td>
<td>Watercolors &amp; Sketching</td>
<td>Dominoes*</td>
</tr>
<tr>
<td>10-12 noon</td>
<td>(every week)</td>
<td>10-12 pm (2nd Wed)</td>
<td>10-12:30 pm</td>
<td>10-11:30 am</td>
</tr>
<tr>
<td>Adult Coloring*</td>
<td>Duplicate Bridge</td>
<td>Craft Class (2x/month)</td>
<td>Seton Health &quot;Seniorclize&quot;*</td>
<td>Social Bridge</td>
</tr>
<tr>
<td>10:30-12 pm</td>
<td>11:30-3:30 pm</td>
<td>10-12 pm</td>
<td>11-12 pm (Seasonal)</td>
<td>10-12noon</td>
</tr>
<tr>
<td>(1st, 3rd Mon)</td>
<td>Congregate Lunch 12 pm</td>
<td>Congregate Lunch 12 pm</td>
<td>Duplicate Bridge</td>
<td>Big Band*</td>
</tr>
<tr>
<td>Discussion Group*</td>
<td>MVP Zumba/Bokwa*</td>
<td>12 pm</td>
<td>12:00-4 pm</td>
<td>10:55-12:20 pm</td>
</tr>
<tr>
<td>10:30-12 pm</td>
<td>1-2 pm (Seasonal)</td>
<td></td>
<td>Congregate Lunch 12 pm</td>
<td>Diabetes Workshop*</td>
</tr>
<tr>
<td>(2nd, 4th Mon)</td>
<td>Tai Chi for Arthritis 2:15-3:15 pm</td>
<td></td>
<td></td>
<td>11am-12 pm (1x a Month)</td>
</tr>
<tr>
<td>Beginner Clogging</td>
<td>Scrabble*</td>
<td></td>
<td></td>
<td>Movie Day*</td>
</tr>
<tr>
<td>11-11:45 am</td>
<td>1-4 pm</td>
<td></td>
<td></td>
<td>12:30 pm (1st Friday)</td>
</tr>
<tr>
<td>Congregate Lunch 12 pm</td>
<td>Hand &amp; Foot*</td>
<td></td>
<td></td>
<td>BINGO</td>
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<tr>
<td></td>
<td>12 pm</td>
<td></td>
<td></td>
<td>12:30 pm (dates below)</td>
</tr>
<tr>
<td>Clogging</td>
<td></td>
<td></td>
<td></td>
<td>Congregate Lunch 12 pm</td>
</tr>
<tr>
<td>12-1:30 pm</td>
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<tr>
<td>Soul Line Dancing</td>
<td></td>
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<tr>
<td>1-2 pm</td>
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<tr>
<td>Quilting Group*</td>
<td></td>
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<tr>
<td>1-3 pm</td>
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<tr>
<td>Beginner Bridge*</td>
<td></td>
<td></td>
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<tr>
<td>1:30-3:30 pm</td>
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<tr>
<td>Healthy Bones for Life*</td>
<td></td>
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<td></td>
<td></td>
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<tr>
<td>(formerly Osteo Exercise)</td>
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<tr>
<td>2:30-3:30 pm</td>
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<tr>
<td><strong>MOVIE MATINÉE: CLUB PARADISE</strong></td>
<td><strong>BINGO</strong></td>
<td><strong>MOVIE MATINÉE: CLUB PARADISE</strong></td>
<td><strong>BINGO</strong></td>
<td><strong>MOVIE MATINÉE: CLUB PARADISE</strong></td>
</tr>
<tr>
<td>Friday, July 5, 2019 at 12:30 pm</td>
<td>Friday, 7/12 &amp; 7/19</td>
<td>Friday, July 5, 2019 at 12:30 pm</td>
<td>Friday, 7/12 &amp; 7/19</td>
<td>Friday, July 5, 2019 at 12:30 pm</td>
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<tr>
<td>Starring Robin Williams, Peter O’Toole, Rick Moranis</td>
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<tr>
<td>Comedy. PG-13. 1hr 35min</td>
<td><strong>12:30 pm</strong></td>
<td><strong>12:30 pm</strong></td>
<td><strong>12:30 pm</strong></td>
<td><strong>12:30 pm</strong></td>
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<tr>
<td>An ex-Chicago fireman uses a sizable disability settlement to transform a remote island watering hole into a lucrative tourist waterland. Directed by Harold Ramis.</td>
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</tbody>
</table>

All dates are subject to change. Please contact the Front Desk at (518) 383-1343 to verify event dates, sign up for classes, confirm session start dates or to make an appointment.
**BUS TRIPS**

☆ **LOBSTERS & LEGENDS** with a Simon & Garfunkel Tribute at the Majestic Theatre in West Springfield MA  
   **Thursday, August 8th** (8:30am departure from the Ice Rink)  
   Enjoy Lobster or Prime Rib of Beef at the New Boathouse overlooking the Connecticut River  
   $81 member/$89 non-member

☆ **New York Renaissance Faire, Tuxedo, NY** (more info to follow… )  
   **Saturday, August 24th** (9:00am departure from the Ice Rink)

☆ **Val-Kill Cottage & Clove Creek Dinner Theatre, Fishkill, NY** “I Hate Hamlet” (more info to follow…)  
   **Thursday, September 5th** (7:45am departure from Ice Rink)

☆ **A TRIBUTE TO AMERICAN BANDSTAND AT THE LOG CABIN** Banquet house located in Holyoke MA  
   **Thursday, September 19th** – (9:15am departure from the Ice Rink) $73/member/$79 non member

☆ **WASHINGTON, DC:**  
   **Thursday, October 10-Monday, October 14**  
   Two Guided Tours of Washington, DC including the WW II Memorial, Capitol Hill, Embassy Row, the Korean War Veterans Memorial, the Vietnam Veterans Memorial, the Smithsonian, the Martin Luther King, Jr. National Memorial, the Lincoln Memorial, and more! The New Museum of the Bible! 430,000 Square Feet of Biblical History. Admission to George Washington’s Mount Vernon Estate & Garden. Tram Ride through Arlington National Cemetery - $635 Per Person (Double Occupancy) - $30 additional for non-members

Trips will begin and end at the Clifton Park Ice Arena, 16 Clifton Common Blvd, Clifton Park unless noted otherwise  
There are no Refunds unless the trip is cancelled.  
Checks to be made payable to the Town of Clifton Park and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

Please see our TRIPS bulletin board for other sister senior center trips, and travel as a member!!

**THINGS TO KNOW**

**Free Legal Assistance held at the Clifton Park Senior Community Center.** Need assistance with Health Care Proxies, Powers of Attorney and/or Simple Wills? Need general legal advice? Please make an appointment by contacting the Office For the Aging at 518-884-4100 and ask for the legal program. Appointments required.

**We invite seniors 50+ to visit one day as our guest and learn more about all of our programs.** After that, participation in most activities requires membership. The cost is only $15 for all of 2019. All are welcome regardless of where you live.

**CPSCC Refund Policy:** All refund requests must be in writing and received 10 days prior to start of the program. There will be NO refunds after this time. There will be a $10 non-refundable administrative charge on all refunded registrations. There is a NO REFUND policy with trips & dinners, unless cancelled by the Center.

**CENTER CLOSINGS:**  
Thursday, 7/4: Independence Day
**Town Staff Directory**

- **Town Supervisor Phil Barrett**: 371-6651
- **Town Board Members**: 371-6651
- **Animal Control Officer**: 371-6756
- **Town Attorney Tom McCarthy**: 371-6651
- **Assessor Walter Smead**: 371-6460
- **Building & Development Director Steve Myers**: 371-6702
- **Building & Grounds Director Dan Clemens**: 371-6651
- **Town Clerk Pat O’Donnell**: 371-6681
- **Town Court – 5 Municipal Plaza**: 371-6668
- **Town Comptroller Mark Heggen**: 371-6651
- **Storm Water Management Technician Scott Reese**: 371-6054
- **Highway Superintendent Dahn Bull**: 371-7318
- **Parks & Recreation Director Myla Kramer**: 371-6667
- **Planning Director John Scavo**: 371-6054
- **Receiver of Taxes Rose Savallo**: 371-6054
- **Director of Safety & Security Lou Pasquarell**: 348-7311
- **Town Security Officers**: 369-6651
- **Sewer Director Mike O’Brien**: 348-7313
- **Transfer Station Supervisor Jeff Vedder**: 371-6669
- **Senior Community Center Director Sue Leonard**: 383-1343

**Email your Town Board**

- **Supervisor Phil Barrett**: pbarrett@cliftonpark.org
- **Deputy Supervisor Lynda Walowit**: lwalowit@cliftonpark.org
- **Councilman Jim Romano**: jromano@cliftonpark.org
- **Councilman James Whalen**: jwhalen@cliftonpark.org
- **Councilman Amy Standaert**: astandaert@cliftonpark.org

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**Town of Clifton Park Senior Express**

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

**Monday, Tuesday & Thursday:**
Medical appointments to the following areas: Albany, Schenectady, Troy, Ballston Spa, Saratoga, Mechanicville and Latham.

**Wednesday & Friday:**
Clifton Park shopping and local appointments only.

**Senior Van Dispatch**

- at 518-371-4444
- 9:00am – 1:00pm

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The Town’s office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays. The Town Clerk’s office is open until 7:00 PM every Thursday. The Building and Parks and Recreation Departments open at 8:00 AM Monday through Friday.