Please join us for dinner on Wednesday, June 19 at 5:30pm

Featuring:

CLASSIC CRUST
mobile catering

MENU:
• Woodfired Pizzas • Salad • Lemonade •
• Strawberry Mint Ice Water • Homemade Desserts •
$10 Members / $15 Non Members

Dinner Sponsored by:

Music Provided by:

Both Inside & Outside Seating will be available (weather permitting)

Clifton Park Senior Community Center
Please sign up at front desk. Space is Limited

INDOOR
Antique - Flea Market - Garage Sale
at the Clifton Park Senior Community Center

Saturday, June 15th
9am - 3pm
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, June 7th</td>
<td>11:00am</td>
<td>Diabetes Support Group</td>
</tr>
<tr>
<td>Wednesday, June 12th</td>
<td>12:30pm</td>
<td>EEE: Organizing &amp; Downsizing with presented by Michelle Kavanaugh</td>
</tr>
<tr>
<td>Friday, June 14th</td>
<td>1:00pm</td>
<td>Father’s Day Potluck!  Dogs 4 Dad!</td>
</tr>
<tr>
<td>Saturday, June 15th</td>
<td>9am - 3pm</td>
<td>Indoor Antique - Flea Market - Garage Sale</td>
</tr>
<tr>
<td>Wednesday, June 19th</td>
<td>5:30pm</td>
<td>Dinner: Monthly Senior Center Dinner - Classic Crust Catering</td>
</tr>
<tr>
<td>Wednesday, June 26th</td>
<td>11:00am - 3:00pm</td>
<td>Saratoga County Year of the Senior Celebration - Canfield Casino &amp; Congress Park</td>
</tr>
<tr>
<td>Wednesday, June 26th</td>
<td>10:30am departure</td>
<td>TRIP: Barrington Stage Co., Pittsfield, Mass “Into the Woods”</td>
</tr>
<tr>
<td>Wednesday, June 26th</td>
<td>12:30pm</td>
<td>EEE: Senior Scams - Keeping our Seniors Safe in the 21st Century presented</td>
</tr>
<tr>
<td>Thursday, July 4th</td>
<td>CLOSED</td>
<td>Center is Closed. Happy 4th of July!</td>
</tr>
<tr>
<td>Tuesday, July 9th</td>
<td>8:30am departure</td>
<td>TRIP: Old Forge Lake Cruises</td>
</tr>
<tr>
<td>Saturday, July 20th</td>
<td>10:45am departure</td>
<td>TRIP: The Saratoga Performing Arts Center (NYC Ballet) - Members Only</td>
</tr>
<tr>
<td>Thursday, July 25th</td>
<td>7:00am departure</td>
<td>TRIP: Saratoga Race Track (Breakfast &amp; Tour) - Members Only</td>
</tr>
<tr>
<td>Tuesday, July 30th</td>
<td>1:30pm - 2:30pm</td>
<td>NEW! Basics of Modern Technology with Madeline - 5 session course begins</td>
</tr>
<tr>
<td>Saturday, August 3rd</td>
<td>9:00am - 4:00pm</td>
<td>Summer Book Fair</td>
</tr>
<tr>
<td>Sunday, August 4th</td>
<td>11:00am - 3:00pm</td>
<td>Summer Book Fair</td>
</tr>
<tr>
<td>Thursday, August 8th</td>
<td>8:30am departure</td>
<td>TRIP: Lobsters &amp; Legends (West Springfield, MA)</td>
</tr>
<tr>
<td>Wednesday, August 28th</td>
<td>9:15am</td>
<td>AARP Smart Driver Course</td>
</tr>
<tr>
<td>Thursday, September 19th</td>
<td>9:15am departure</td>
<td>TRIP: A Tribute to American Bandstand at the Log Cabin</td>
</tr>
<tr>
<td>October 10th - October 14th</td>
<td>Multi Day</td>
<td>TRIP: Washington, DC</td>
</tr>
</tbody>
</table>
Wednesday, June 12th

**TOPIC: Organizing & Downsizing**

Presented by: Michelle Kavanaugh, Organize Senior Moves

Whether moving to a new home or just wanting to pare down, choosing what to keep with a lifetime’s worth of possessions can feel overwhelming. Some alternative ways of thinking can help. Learn the stress-free way of downsizing or preparing to move with Michelle Kavanaugh of Organize Senior Moves. She will provide great tips on how to get started on your journey today! Registration required.

---

Wednesday, June 26th

**TOPIC: Senior Scams - Keeping our Seniors Safe in the 21st Century**

Trooper Rothwein, Sr. will be here to address many of the scams that are out there today. He will discuss how to safeguard against being a victim and how to report it if you are.

Presentation brought to you by Home Instead Senior Care.

---

Should you wish to enjoy lunch at the Center prior to the presentation, you must sign up separately with the kitchen at (518) 383-1343, no later than 12noon the day before. Congregate Lunch is provided by the Saratoga County Office for the Aging. Lunch is served promptly at 12noon.

Saratoga County Office for the Aging is funded by Title III of the Older Americans Act, New York State Office for the Aging, the County of Saratoga and local Municipalities.

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**2-DAY SUMMER BOOK SALE**

Saturday, August 3rd from 9am - 4pm
Sunday, August 4th from 11am - 3pm

We welcome your donations of books (hardback and paperback), Children’s books, CDs, DVDs, and audiobooks. Please remember that books should be clean and in otherwise good condition (without markings; pages and covers intact, not moldy or excessively dusty, et cetera).

Books on subjects that quickly become dated (medical topics, computer-related, et cetera) should not be over 5 years old. We cannot accept textbooks at all.

**Basics of Modern Technology**

Free 5-session course with Madeline
Tuesdays from July 30th - August 27th
1:30pm - 2:30pm

If you have ever wanted to learn how to better use modern technologies and programs such as email and Google, this is the class for you! **Basics of Modern Technology** is a five-session course that will allow seniors to learn how to easily use things like email, FaceTime, and Google, as well as how to be safe while using these programs. No previous knowledge is required. Course will be instructed by High School Senior, Madeline, who is a Girl Scout going for her Gold Award. Pre-registration required as space is limited. **Open to the public.**
Thank you to Deets Catering for the delicious BBQ dinner and Starpoint Church for the wonderful desserts provided to our members at our May dinner. Thank you to our hard working senior volunteers & Starpoint Church volunteers for assistance with serving and clean-up.

Thank you to Kevin Marin of Wealth Solutions Network & Southern Saratoga YMCA for sponsoring our Mother’s Day Tea & Bingo event on May 10th. It was a fun event that was enjoyed by all!!

Thank you to Bruegger’s Bagels for your weekly donation of bagels to the Center!!!

Help Design the Town Center Park on Wed., June 5! All are Invited to Participate!

The Town of Clifton Park held public meetings in April and May, and now, on June 5, from 3 p.m. to 7 p.m., a Design Charrette will be held at the Clifton Park Senior Community Center, to design park enhancements at the 37-acre property formerly owned by the Shenendehowa School District. The future park parcel is located east of Moe Road, north of Arongen and Shatekon Elementary Schools, and west of Maxwell Drive Extension.

Stop by anytime, between 3 p.m. and 7 p.m., to participate in the Design Charrette which will be conducted in an Open House meeting format. All are welcome. Representatives from the Town of Clifton Park’s design consultant team of Behan Planning and Design will lead the public meeting, with members of the Town's Advisory Committee and Town Staff. Please call the Town’s Planning Department at (518) 371-6054 if you have any questions, or view the Town’s website at www.cliftonpark.org.
ENTERTAINMENT & THE ARTS

The Capital Dance Orchestra
7:00pm
Saturday, June 8th
Saturday, July 13th
Saturday, August 10th
The cost at the door is $10 per person, $5 for members. Open to the Public.

SOUTHERN SARATOGA ART SOCIETY
A Society for the Appreciation of the Visual Arts

JUNE 2019 Art Show at the
Clifton Park Senior Community Center
Artists: Lisa David & Frank Coletta

The Southern Saratoga Art Society will be hosting an exciting art show in June at the Senior Center. Lisa David will be exhibiting 18 of her amazing paintings that will astound you by the detail she gives to her subject matter. Frank Coletta will also be exhibiting 17 drawings and paintings taken from the beautiful scenes at Thatcher's Park. Come and enjoy the work of two of our local, talented artists.

For more information, please contact:
Show Chairperson Richard Kitchen at rkfineart@gmail.com or 925-858-1367.

Live Entertainment, Dancing, and Karaoke
with Brian Zapel!
7:00 pm
2019 Schedule:
Sunday, June 30th
Sunday, September 29th
Sunday, December 29th
Bring your own snacks. $5 per person at the door. Open to the Public.

RED HAT MAMAS:
Wednesday, June 12th, 12:00 noon at The Brick,
54 Clifton Country Road, Clifton Park. Please RSVP by calling Jackie at (518) 630-5796 if your last name begins with A-L or Betty at (518) 406-5167 if your last name begins with M-Z.

SINGLES LUNCH BUNCH:
Saturday, June 22nd at 12:30 pm at Carson’s
Woodside Tavern, 9P, Malta. We will order off the menu and have separate checks. Please RSVP to Sandy Nolin by Wed. June 19 at 518-399-5812 or sandra4shen@aol.com.

* Outdoor Games: Horseshoes, Corn Hole, Croquette
* Large Outdoor Table & Umbrella for Bocce Court
* Wooden Bookcases for Library
### LET’S TALK - Registration required for all programs, classes & events.

**BASIC COMPUTER SKILLS**  
*With Bob Stromberg*

- **10:00am – 12:00pm** (Membership not required. No charge but advanced sign up required)

  - **June 3rd:** Discussion: Making travel plans online
  - **June 10th:** No session
  - **June 17th:** Buying a computer, tablet, or cell phone
  - **June 24th:** Intro to Ancestry.com

**SPEED FRIENDING One-on-One**  
**Tuesday, June 18th**

**12:30 - 2:00 pm**

Speed Friending helps seniors make new friends in minutes! Feel free to come solo or in a group.

Space is limited. Sign up today!!

**Diabetes Support Group**  
**Friday, June 7th**

**11:00 - 12noon**

Topic: "Back to Basics: Carbohydrates in Food" presented by Diane Whitten, Food & Nutrition Educator from Cornell Cooperative Extension Saratoga County. Diane will be accompanied by her special guest Jovanna D’Alanzo, who will present the information about how carbohydrates directly affect blood sugar levels in diabetics. There will be a time for questions & answers with Diane immediately following the presentation.

---

### Let’s Move - Registration required for all programs, classes & events.

**SOUL LINE DANCING with Linda**  
Mondays from 1:00pm - 2:00pm:  
6/3, 6/10, 6/17, 6/24 ($10/month)

**LATIN LINE DANCING:**  
Fridays from 1:15pm - 2:15pm:  
6/14, 6/21, 6/28 ($10/month)  
*Instructed by Ray Nunez & Mark Nunez*

**TAI CHI for ARTHRITIS (seated/standing):**  
Tuesdays from 2:15pm - 3:15pm  
6/18, 6/25, 7/2, 7/9, 7/16, 7/23 ($42.00/session)  
6-week session instructed by Rich Martin

**CHAIR YOGA:**  
Mondays from 10:00am - 11:00am  
6/17, 6/24, 7/1, 7/8, 7/15, 7/22 ($42.00/session)  
6-week session instructed by Bonnie Furlong, RN

**BOCCE BALL**  
Join us for Bocce Ball!  
10am - 11:30am  
Groups meet on Mondays & Wednesday  
**NEW PLAYERS WELCOME!!!**

**LET’S GET CREATIVE - Advance Sign up Required for these programs**

**Craft Connection with Rosemarie**  
10:00am on Wednesdays:  
- **June 12th - Magnets**  
- **June 26th - Decorative Picture Frames**

The only thing required is a sense of humor and a willingness to try. **Space is limited.** Examples of the upcoming month's projects will be at the front desk.
A name you can trust.

For information, call
(518) 641-3400 or 1-888-519-4455
TTY/TDD (518) 641-4000

From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m. Monday through Friday the rest of the year.

CDPHP® is a health plan with a Medicare contract. Enrollment in CDPHP Medicare Choices depends on contract renewal.

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CDPHP Universal Benefits, Inc.

CDPHP
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SonyaAChandler@gmail.com

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518-371-2200
www.cliftonparkmemories.com
The Witecki Law Office
8 South Church Street, Schenectady, NY 12305

We provide: Estate Planning, Elder Law, Asset Protection, Medicaid Planning, Probate & Administration, Real Estate, and Business Law Services.

Schedule a free consultation with us. Glenn provides free consultations every third Thursday of the month at the Clifton Park Senior Center, or in his Office any time. Home visits can be arranged, if needed.

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**SARATOGA COUNTY OFFICE FOR THE AGING - JUNE MENU**

**CONGREGATE & HOME DELIVERED MEALS 363-4020**

*Served Monday-Friday at 12 pm*

Saratoga County Office for the Aging offers hot lunches daily at the Center with advance reservations. Daily lunches are prepared by Northeast Dining & Lodging (NDL). Participants must be at least 60 years old. **First time participants must complete a registration form.** Registered participants must call the kitchen at (518) 383-1343 to make a reservation, no later than 12 noon, the day before attending for lunch.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>3</td>
<td>BBQ Chicken over Rice</td>
<td>Chop Steak Parmesan</td>
<td>Oven Fried Chicken w/Gravy</td>
<td>Seafood Salad Cold Plate</td>
</tr>
<tr>
<td></td>
<td>Vegetable Trio</td>
<td>Pasta</td>
<td>Mashed Potatoes</td>
<td>Pea Salad</td>
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<td></td>
<td>Warm Apple Crisp</td>
<td>Zucchini &amp; Yellow Squash</td>
<td>Spinach</td>
<td>Cornbread</td>
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<td></td>
<td></td>
<td>Chocolate Cookies</td>
<td>Spiced Apples &amp; Raisins</td>
<td>Mandarin Oranges</td>
</tr>
<tr>
<td>10</td>
<td>Swedish Meatballs over</td>
<td>Breaded Pork Slice w/Gravy</td>
<td>Chicken w/Spinach &amp; Feta</td>
<td><strong>Special</strong></td>
</tr>
<tr>
<td></td>
<td>Pasta</td>
<td>Rice</td>
<td>Cheese sauce</td>
<td>Hot Roast Beef Sandwich w/Gravy</td>
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<tr>
<td></td>
<td>Broccoli</td>
<td>Spinach</td>
<td>Buttered Pasta</td>
<td>Rice Salad</td>
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<tr>
<td></td>
<td>Warm Peach Crisp</td>
<td>Pineapple</td>
<td>Key Biscayne Blend</td>
<td>Harvest Salad</td>
</tr>
<tr>
<td>17</td>
<td>Chicken Cacciatore</td>
<td>Fiesta Meatloaf</td>
<td>Seafood Newburg</td>
<td>Turkey Salad on Sandwich Roll</td>
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<tr>
<td></td>
<td>over</td>
<td>Oven Browned</td>
<td>Rice</td>
<td>Pasta Salad</td>
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<tr>
<td></td>
<td>Pasta w/Sauce</td>
<td>Potatoes</td>
<td>Carrots</td>
<td>Tomato &amp; Cucumber Salad</td>
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<td></td>
<td>Wax Beans</td>
<td>Peas</td>
<td>Dinner Roll</td>
<td>Salads</td>
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<tr>
<td></td>
<td>Warm Garlic Roll</td>
<td>Peaches</td>
<td>Pears</td>
<td>Tropical Fruit</td>
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<tr>
<td></td>
<td>Yogurt</td>
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<td></td>
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</tr>
<tr>
<td>24</td>
<td>BBQ Pork Loin</td>
<td>Sweet &amp; Sour Chicken</td>
<td>Italian Style Meatloaf</td>
<td>Chicken Salad Cold Plate</td>
</tr>
<tr>
<td></td>
<td>Roasted Potatoes</td>
<td>Brown Rice</td>
<td>Garlic Mashed Potatoes</td>
<td>Harvest Salad</td>
</tr>
<tr>
<td></td>
<td>Mixed Vegetables</td>
<td>Oriental Style Vegetables</td>
<td>Spinach</td>
<td>Red Cabbage Confetti</td>
</tr>
<tr>
<td></td>
<td>Pears</td>
<td>Dinner Roll</td>
<td>Frosted Cake</td>
<td>Salad</td>
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<td></td>
<td></td>
<td>Pineapple</td>
<td></td>
<td>Dinner Roll</td>
</tr>
</tbody>
</table>

**THINGS TO KNOW**

**Free Legal Assistance held at the Clifton Park Senior Community Center.** Need assistance with Health Care Proxies, Powers of Attorney and/or Simple Wills? Need general legal advice? Please make an appointment by contacting the Office For the Aging at 518-884-4100 and ask for the legal program. Appointments required.

**CPSSC Refund Policy:** All refund requests must be in writing and received 10 days prior to start of the program. There will be NO refunds after this time. There will be a $10 non-refundable administrative charge on all refunded registrations. There is a NO REFUND policy with trips & dinners, unless cancelled by the Center.

**We invite seniors 50+ to visit one day as our guest and learn more about all of our programs.** After that, participation in most activities requires membership. The cost is only $15 for all of 2019. All are welcome regardless of where you live.

**CENTER CLOSINGS:**

Thursday, 7/4: Independence Day

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*Menu Subject To Change.* Coffee, Tea and Butter are served daily at sites. The suggested contribution is $2 per meal. There is a $6 fee for guests under the age of 60. Please make checks payable to: Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020
## DAILY ACTIVITY CALENDAR

(*denotes free activity/class for members)

**Clifton Park Senior Community Center, 6 Clifton Common Court, Clifton Park**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tap (Int. II)</td>
<td>Exercise to Tapes*</td>
<td>Exercise to Tapes*</td>
<td>Exercise to Tapes*</td>
<td>Orchestra*</td>
</tr>
<tr>
<td>9-10 am</td>
<td>8:45-9:45 am</td>
<td>8:45-9:45 am</td>
<td>8:45-9:45 am</td>
<td>9-10:55 am</td>
</tr>
<tr>
<td>Jazz</td>
<td>Pool &amp; Billiards*</td>
<td>Senior Investment Club</td>
<td>Pool &amp; Billiards*</td>
<td>Tap Advanced</td>
</tr>
<tr>
<td>10-10:45 am</td>
<td>9-12 pm</td>
<td>9:30-11:30 am (2nd Wed.)</td>
<td>9-12 pm</td>
<td>9-10 am</td>
</tr>
<tr>
<td>Chair Yoga</td>
<td>Duplicate Bridge Lesson</td>
<td>TOPS (now accepting new participants!)</td>
<td>Yoga</td>
<td>Woodcarving*</td>
</tr>
<tr>
<td>10-11:00 am</td>
<td>10-11:00 am</td>
<td>10-11:30 am</td>
<td>10-11:00 am</td>
<td>9-12noon</td>
</tr>
<tr>
<td>Bocce* (May - Oct)</td>
<td>Tai Chi</td>
<td>Memories to Memoirs*</td>
<td>Chorus*</td>
<td>Ballet</td>
</tr>
<tr>
<td>10-11:30 am</td>
<td>10-11:00 am</td>
<td>10-11:30 am</td>
<td>10-11:30 am</td>
<td>10-10:45 am</td>
</tr>
<tr>
<td>Basic Computer Class*</td>
<td>Dice: LCR or Dice 3000*</td>
<td>Social Bridge</td>
<td>Watercolors &amp; Sketching</td>
<td>Dominoes*</td>
</tr>
<tr>
<td>10-12 noon</td>
<td>10-12 pm (every week)</td>
<td>10-12 pm (2nd Wed)</td>
<td>10-12:30 pm</td>
<td>10-11:30 am</td>
</tr>
<tr>
<td>Adult Coloring*</td>
<td>Duplicate Bridge</td>
<td>Social Bridge</td>
<td>Seton Health</td>
<td>Social Bridge</td>
</tr>
<tr>
<td>10:30-12 pm</td>
<td>11:30-3:30 pm</td>
<td>Craft Class (2x/month)</td>
<td>&quot;Seniorcize&quot;</td>
<td>10-12noon</td>
</tr>
<tr>
<td>(1st, 3rd Mon)</td>
<td>Congregate Lunch</td>
<td>10-12 pm</td>
<td>11-12 pm (Seasonal)</td>
<td></td>
</tr>
<tr>
<td>Discussion Group*</td>
<td>MVP Zumba/Bokwa*</td>
<td>Duplicate Bridge</td>
<td>Duplicate Bridge</td>
<td>Big Band*</td>
</tr>
<tr>
<td>10:30-12 pm</td>
<td>1-2 pm (Seasonal)</td>
<td>11:30-3:30 pm</td>
<td>12:00-4 pm</td>
<td>10:55-12:20 pm</td>
</tr>
<tr>
<td>(2nd, 4th Mon)</td>
<td>Tai Chi for Arthritis</td>
<td>Congregate Lunch</td>
<td>Congregate Lunch</td>
<td>Diabetes Workshop*</td>
</tr>
<tr>
<td>Beginner Clogging</td>
<td>2:15-3:15 pm</td>
<td>12 pm</td>
<td>12 pm</td>
<td>11am-12 pm (1x a Month)</td>
</tr>
<tr>
<td>11-11:45 am</td>
<td>Scrabble*</td>
<td>Poker* 1-3 pm</td>
<td>Pinochle*</td>
<td>Movie Day*</td>
</tr>
<tr>
<td>Congregate Lunch</td>
<td>1-4 pm</td>
<td>Crocheting &amp; Knitting*</td>
<td>12:30-3 pm</td>
<td>12:30 pm (1st Friday)</td>
</tr>
<tr>
<td>12 pm</td>
<td>Hand &amp; Foot*</td>
<td>Osteo-Exercise*</td>
<td>American Mahjong*</td>
<td>BINGO</td>
</tr>
<tr>
<td>Clogging</td>
<td>1-4 pm</td>
<td>2:30-3:30 pm</td>
<td>12:30-4 pm</td>
<td>12:30 pm (dates below)</td>
</tr>
<tr>
<td>12-1:30 pm</td>
<td>Soul Line Dancing</td>
<td>Osteo-Exercise*</td>
<td>BUNCO (Dice)</td>
<td>Congregate Lunch</td>
</tr>
<tr>
<td>1-2 pm</td>
<td>Quilting Group*</td>
<td>1-3 pm</td>
<td>1-3 pm (1st Thursday of month)</td>
<td>12 pm</td>
</tr>
<tr>
<td>1-3 pm</td>
<td>Beginner Bridge*</td>
<td>Osteo-Exercise*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:30-3:30 pm</td>
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<td>2:30-3:30 pm</td>
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</tbody>
</table>

### MOVIE MATINEE: Book Club

**Friday, June 7, 2019 at 12:30pm**

Starring Diane Keaton, Jane Fonda, Craig T. Nelson

Romance/Comedy. PG-13. 1hr 44min

In this comedy, a group of friends try to get their love lives back on track after suffering through late-in-life doldrums.

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**BINGO**

**Friday, 6/21 at 12:30pm**

**Friday, 6/28 at 12:30**

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All dates are subject to change. Please contact the Front Desk at (518) 383-1343 to verify event dates, sign up for classes, confirm session start dates or to make an appointment.
**BUS TRIPS**

- **OLD FORGE LAKE CRUISES** - Historic Steamboat Cruise through the Fulton Chain of Lakes  
  **Tuesday, July 9th** (8:30am departure from the Ice Rink)  
  $69 member/$75 non member

- **LOBSTERS & LEGENDS** with a Simon & Garfunkel Tribute at the Majestic Theatre in West Springfield MA  
  **Thursday, August 8th** (8:30am departure from the Ice Rink)  
  Enjoy Lobster or Prime Rib of Beef at the New Boathouse overlooking the Connecticut River  
  $81 member/$89 non-member

- **A TRIBUTE TO AMERICAN BANDSTAND AT THE LOG CABIN**  
  Banquet house located in Holyoke MA  
  **Thursday, September 19th** – (9:15am departure from the Ice Rink)  
  $73 member/$79 non member

- **WASHINGTON, DC:**  
  **Thursday, October 10-Monday, October 14**  
  Two Guided Tours of Washington, DC including the WW II Memorial, Capitol Hill, Embassy Row, the Korean War Veterans Memorial, the Vietnam Veterans Memorial, the Smithsonian, the Martin Luther King, Jr. National Memorial, the Lincoln Memorial, and more!  
  The New Museum of the Bible! 430,000 Square Feet of Biblical History. Admission to George Washington’s Mount Vernon Estate & Garden. Tram Ride through Arlington National Cemetery - $635 Per Person (Double Occupancy) - $30 additional for non-members

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**VAN TRIPS - Transportation for Members Only**

- **The Saratoga Performing Arts Center:** Olde Bryan Inn luncheon & **New York City Ballet** - Coppelia  
  **Saturday July 20th** – Depart 10:45 am from the Senior Center  
  $24 Ballet only, $54 Ballet & Luncheon (Non Members additional $3)

- **Saratoga Race Track:** **Breakfast at the Track**, Tram Stable Tour & Daily Walking Tour with a historical overview  
  **Thursday, July 25th** – Depart 7:00 am  
  $29/pp (Non Members additional $3)

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Trips will begin and end at the Clifton Park Ice Arena, 16 Clifton Common Blvd, Clifton Park unless noted otherwise. There are no Refunds unless the trip is cancelled. Checks to be made payable to the Town of Clifton Park and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

Please see our TRIPS bulletin board for other sister senior center trips, and travel as a member!!
Riders must be 50 years of age or older and live in the Town of Clifton Park. A wheelchair lift is available. Those needing assistance must be accompanied by an escort. Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:
Medical appointments to the following areas: Albany, Schenectady, Troy, Ballston Spa, Saratoga, Mechanicville and Latham.

Wednesday & Friday:
Clifton Park shopping and local appointments only.

Senior Van Dispatch
at 518-371-4444
9:00am – 1:00pm

The Town’s office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays. The Town Clerk’s office is open until 7:00 PM every Thursday. The Building and Parks and Recreation Departments open at 8:00 AM Monday through Friday.