The Rec Booklet
Town of Clifton Park, Office of Parks, Recreation and Community Affairs
Fall & Winter 2019-20

Camps and Classes
- No School & Half Day Programs
- Fall Lacrosse
- Winter Rec & Travel Basketball
- Nature Programs
- Adult Fitness Classes

Events and Facilities
- Farm Fest
- Halloween Parade
- Winter Fest
- Barney Road Golf Course
- Historic Grooms Tavern Programs

www.cliftonpark.org  (518) 371-6667
Register online at Parksrec.egov.basgov.com/cliftonpark
Community Information

The Office of Parks, Recreation and Community Affairs offers recreational, social and cultural opportunities for residents through camps, programs, events, park reservations, historic tours, publications and performing arts.

Office Hours and Location

Department office hours are from 8:00 am to 5:00 pm, Monday through Friday. We are located on the first floor of Town Hall at One Town Hall Plaza, Clifton Park, NY 12065.

Registration Information

Registration for all programs and activities will be received by the Office of Parks, Recreation and Community Affairs.

SHARE YOUR IDEAS AND TALENT

Do you possess a skill and would like to lead a program? The Office of Parks, Recreation and Community Affairs is always interested in expanding our programs. Please call Lori Hughes at 518-371-6667 or email LHughes@cliftonpark.org.

How many fairies can your child find in our booklet? Count them up and stop in to our office with the correct number and your child will receive a prize!
Is your dog registered with the Town Clerk?

NYS requires all dogs four months of age or older must be licensed in the municipality in which they are harbored. Dog licenses are issued at the Town Clerk’s Office, located in Town Hall, at which time proof of rabies vaccination is required and proof if spayed or neutered.

Annual Fee:
Spayed/neutered dog is $3.50
Unspayed/uneutered dog is $11.50

Community CPR & AED Class
Saturday, October 5, 2019
8:00 am to 11:30 am and 1:00 pm to 4:30 pm

The Town provides Free CPR & AED Training to Town residents presented in partnership and with the direction of the Clifton Park-Halfmoon Ambulance Corps. Certified instructors and skilled paramedics provide adult, child and infant CPR. Space is limited and pre-registration is required. Registration is available to only Clifton Park residents and can be found on the Parks & Rec registration website.

Clifton Park Paper Shredding Day
Sunday, October 6, 2019
from 1:00 pm to 3:00 pm

PROTECT YOUR CONFIDENTIAL INFORMATION!
The Town and its specialized partner, 3N Document Destruction, will be at Clifton Park Center parking lot between Boscov’s and the Saratoga County Department of Motor Vehicles with onsite shredding from 1:00 pm to 3:00 pm on Sunday, October 6, 2019. This is a free drive-thru service. Please bring a donation of non-perishables for local food pantries. Limited to 4 huge bags or boxes of papers. Please, no junk mail, binders, plastic carriers or folders, or metal spiral books. All recycled.

Historic Preservation Commission
The Town of Clifton Park, together with the Historic Preservation Commission, is committed to protecting and preserving the Town’s history. The Clifton Park Historic Preservation Commission is a volunteer body appointed by the Town Board with the purpose of preserving and enhancing Clifton Park’s historic resources. They provide technical assistance to owners of historic properties, advise the Town Board and Planning Board on matters of preservation and educate the residents of Clifton Park on the treasures of their heritage.

The Commission meets at Historic Grooms Tavern at 7:00 pm on the third Thursday of each month. Town residents interested in serving on the Commission can contact us at parksrec@cliftonpark.org.
Town of Clifton Park

WinterFest

February 15, 2020

The Town of Clifton Park is pleased to announce its annual Winterfest on Saturday, February 15, 2020. Join your friends and neighbors during this day of fun and excitement in and out of the cold! A complete schedule will be posted in January. Please save the date and watch for a detailed schedule!

Events to include:
“Taste of Clifton Park” best soup contest!
Clifton Park Idol singing competition!
Clifton Park Community Chorus performance!
Face painting and more!

The 14th annual Clifton Park Idol contest will be held in the morning. Registration will start in December. Please check our website for more information.

Other Winterfest Activities
Horse drawn sleigh rides and lunch on the farm at Riverview Orchards.
Winter nature tour at local town park.

Bowman Orchards
Riverview Orchards
Shepherd’s Hey Farm

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Winter nature tour at local town park.

Bowman Orchards
Riverview Orchards
Shepherd’s Hey Farm

September 14 - 15, 2019
Saturday & Sunday 10:00 a.m. to 5:00 p.m.
FREE ADMISSION
Drive yourself to the farms in Clifton Park. Have fun while learning about farming!

Bowman Orchards
Riverview Orchards
Shepherd’s Hey Farm

Activities also happening at:
Amity Reformed Church
Clifton Park-Halfmoon Public Library
Historic Grooms Tavern
Vischer Ferry Fire Station
**Awesome Autumn Bicycle Ride**

**Saturday, October 12, 2019**

An Autumn bicycle ride will begin at 1:00 p.m. at the Jonesville Fire House on Main Street. Come acquaint yourself with the trail network being developed by the town. The ride will cover key central Clifton Park bicycle trails, autumn leaves and points of interest. Approximately 12 miles, the ride will be at a casual pace.

The bicycle rides are sponsored by the Trails Subcommittee of the Town of Clifton Park Open Space, Trails and Riverfront Committee. Commentary will be provided by Town Historian John Scherer. Everyone is welcome and helmets are required for all riders. Light refreshments will be served.

Please visit www.cliftonparkopenspaces.org or call (518) 371-6054.

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**Halloween Fun!**

**Friday, October 25, 2019**

**Parade 4:45pm**

**Trunk or Treat 5:00pm-6:00 pm**

_Free Event_

Dress up in your Halloween Costume! The parade will begin at 4:45 pm and will take place at Clifton Common. Starpoint Church is sponsoring this event with free hot dogs, chips and drinks after the parade. There will also be pony rides and a bounce house. Line up begins at the soccer pavilion at 4:35 pm. No rain date. All participating Trunk or Treat cars must be parked by 4:00 pm.

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**Explore Clifton Park’s Great Outdoors:**

**First Friday Hikes**

We would like to introduce you to the many natural areas, parks and nature preserves that are open to the public in the Town of Clifton Park! Join the Town of Clifton Park Open Space, Trails & Riverfront Committee on one or more of their “working, stewardship hikes” in 2019-2020! Participants will help evaluate site conditions / needs at these town preserves and parks with the Open Space Coordinator, and learn a little human and natural history along the way! All hikes are on Fridays and start at 1:00 pm and may last up to 2 hours. Please arrive 10 minutes prior to start time.

**Sept. 6**  
37-Acre Town Center Park Site. Meet at the rear of the Public Safety Building, off of Maxwell Drive Extension.

**Oct. 4**  
Garnsey Park. Meet at entrance off of NYS Route 146.

**Nov. 1**  
41-Acre Natural Area. Riverview Road. Please call (518) 371-6054 for detailed directions.

**Dec. 6**  
Lincoln Avenue Playground & Neighborhood Natural Areas. Meet at the playground at the intersection of Lincoln Avenue and Lorraine Court. Park along the street.

**Jan. 3, 2020**  
Vischer Ferry Nature & Historic Preserve. Meet at the end of Ferry Drive.

**Feb. 7, 2020**  
Hayes Nature Park & West Sky Natural Area. Meet at the Moe Road parking lot for Hayes Nature Park.

Please wear appropriate footwear and gear. For snow conditions, please bring your own snow shoes/poles. Please kindly RSVP by calling (518) 371-6054 or email: jviggiani@cliftonpark.org. For more details please visit www.cliftonpark.org or www.cliftonparkopenspace.org.
Anime Workshop  
(Grades 6-8)
Join us for an anime art workshop! Create your own characters in the iconic Japanese style and paint a novelty dish and art tool holder featuring them. Work on your drawing & painting skills and enjoy related crafts at this exclusive event!

Date: November 5, 2019  
Time: 1:00 pm to 4:00 pm  
Site: Arts & Glass Studio, 19 Clifton Country Road  
Fee: $48  
Instructor: Arts & Glass staff

Safety Day  
(Grades 2-5)
Kids want to have fun, but parents know that safety has to come first! This program brings in professionals to teach your elementary-age child the importance of behaving responsibly. Topics include, but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies such as power outages and fires. Kids will meet first responders, participate in safety-related crafts and games, and make their own first-aid kit. Please bring a lunch, water bottle and snacks.

Date: November 6, 2019  
Time: 9:00 am to 3:00 pm  
Site: Clifton Park-Halfmoon EMS, 15 Crossing Blvd.  
Fee: $25  
Instructor: First Responder Professionals from Clifton Park-Halfmoon Ambulance, Town of Clifton Park, Saratoga County Sheriff’s Office and Jonesville Fire Department.

Kitchen Adventures  
(Grades 1-5)
Travel back in time and learn about our history! Become paleontologists and study the different species of dinosaurs, blast off into outer space and learn about our solar system and planets, or even step into the shoes of a geologist and explore geodes and the science behind how rocks and crystals are formed. Each recipe is an adventure that is sure to keep you on your feet!

Date: November 5, 2019  
Time: 9:00 am to 3:00 pm  
Site: Historic Grooms Tavern  
Fee: $110  
Instructor: Lisa Wallace, I’m The Chef Too!
Hogwarts School of Culinary Magic
(Grades 1-5)

Come relive the excitement of Harry Potter’s adventures with magical recipes in our kitchen! With a dash of mystery and a pinch of creativity, you’ll conjure up magical treats, snacks, and potions! Don’t miss out on the chance to experience the wizarding world of culinary concoctions!

Date: March 20, 2020 (registration will open on January 2)
Time: 9:00 am to 3:00 pm
Site: Locust Lane Clubhouse
Fee: $110
Instructor: Lisa Wallace, I’m The Chef Too!

Plugged-In Workshop
(Grades 6-8)

Calling fans of YouTube, Insta, SnapChat, Fortnite, and Minecraft! Combine your digital world with glass fusion for this workshop. We'll be using custom silkscreens of your favorite digital theme to create designs on glass. Then we'll use crushed colored glass to decorate the rest of the piece and then fire them into the form of your choice: tile, hanging plaque, or dish! Use your new glass fusion skills to also finish off a coordinating set of glass magnets.

Date: February 7, 2020 (registration will open on January 2)
Time: 1:00 pm to 4:00 pm
Site: Arts & Glass Studio, 19 Clifton Country Road
Fee: $48
Instructor: Arts & Glass staff
Go Kids

(Ages 2-5)

Go Kids is the Capital Region’s only multi-sport and exercise program specifically designed for children aged 2-5. Go Kids’ sports and fitness activities teach preschoolers the fundamentals of 7 different sports in a social, team-based, non-competitive environment. Go Kids seeks to promote a healthy lifestyle, help develop a lifelong passion for physical activity, decrease childhood obesity, increase confidence and prepare children for participation in school and the broader community. For more information and additional classes, please visit www.123gokids.com.

All classes take place on Saturdays at Prince of Peace Church, 4 Northcrest Drive, Clifton Park.

Date: September 7 - October 26  Fee: $128 for 8-week program
Time: 10:00 am – 10:45 am  Session 1  Ages 2-3
Time: 11:00 am – 11:45 am  Session 2  Ages 3 ½-5

Date: November 2 - December 21  Fee: $112 for 7-week program  No class on November 30, 2019
Time: 10:00 am – 10:45 am  Session 3  Ages 2-3
Time: 11:00 am – 11:45 am  Session 4  Ages 3 ½-5

Date: January 4 - February 22  Fee: $128 for 8-week program
Time: 10:00 am – 10:45 am  Session 5  Ages 2-3
Time: 11:00 am – 11:45 am  Session 6  Ages 3 ½-5

Date: February 29 - April 18  Fee: $128 for 8-week program
Time: 10:00 am – 10:45 am  Session 7  Ages 2-3
Time: 11:00 am – 11:45 am  Session 8  Ages 3 ½-5
Are you an explorer? Do you like treasure hunts? Try letterboxing!

Following clues to find a hidden box while making observations in a discovery booklet will make exploration of Clifton Park nature preserves and parks more fun! “Letterboxes” have been hidden on eight of our properties. By following clues listed in the Passport to Nature discovery booklet, you can seek out the hidden letterboxes while learning about nature in your own backyard!

Letterboxes are located at: 4 locations within Vischer Ferry Nature & Historic Preserve PLUS: Hayes Nature Park, Kinns Road Park, Mohawk Landing, and Veterans Memorial Park.

Ask for our Passport to Nature Discovery Booklet to begin your journey. When you find the letterbox, you can use the rubber stamp contained within the box to stamp your passport. Don’t forget to record observations you make along the way in the discovery booklet. Once you have all eight stamps in your passport discovery booklet, bring it to the Parks & Rec Office to receive a commemorative pin!

Snowman Photo Contest

Design and create your best snowman this winter! We are looking for Clifton Park’s most creative snowmen, so send us a photo and you could win a prize! Open to all ages!

Mail your photo to the Office of Parks, Recreation and Community Affairs, One Town Hall Plaza, Clifton Park, N.Y. 12065 or email: parksrec@cliftonpark.org (subject: Snowman Photo Contest).

Submissions must be received by March 31, 2020 and photo will not be returned. Please include name, age of builder(s), address and phone number on back of photo. Winners will be notified and pictures will be posted on our facebook page by April 15, 2020.

Moonlight Ski

Thursday Evenings
December 5
January 9
February 6
March 5
April 2

Join us during our free Family Moonlight Cross Country Ski evening at the Vischer Ferry Nature Preserve on the above dates when snow conditions permit. Everyone is invited to participate and must bring their own ski equipment. A limited number of headlamps will be available.

There will be a warm-up fire and the Shenendehowa Nordic Club will provide hot drinks and marshmallows during the event. Participants will meet at the Preserve’s main parking lot on Riverview Road (at the Whipple Bridge) at 7:00 pm.

Cross Country Ski Lessons

January 2, 16, 23
February 13, 20, 27
March 12, 19, 26

The Town of Clifton Park, in cooperation with the Shenendehowa Nordic Club, announces its Beginner Cross Country Ski Lessons’ program. Classes are offered as snow conditions allow from 6:30 pm-8:00 pm on the above dates at the Clifton Park Senior Community Center. All ages and families are welcome. Pre-registration is required. Class fee is $12 per person per session. Bring your own cross country skis.
Coaches Gary Weiss and Chad Finck of Capitaland Lacrosse will be offering **boys and girls fall lacrosse** which will take place on the fields at Collins Park, 525 Moe Road, Clifton Park. This program gives the beginner players an introduction to lacrosse and gives the novice and advanced players a chance to work on their skills while being introduced to more advanced techniques. All of our boys’ and girls’ coaches will use the same skills, drills and live scrimmages that they have used to mold numerous all-league and all-American players. **For more information, visit: www.capitallandlacrosse.com**

**Equipment:** Available to rent at the beginning of each program for a small fee. A security deposit is required. All players need a mouth piece which we will have available for $5 if one is needed. The co-ed learn-to-play group only needs a stick. All boys’ programs will need a stick, helmet, gloves, arm and shoulder pads. All girls’ programs will need a stick and goggles.

### Co-Ed Non Contact (Stick Only) Learn-To-Play Program
**Ages 5 - 10**
This program is for the beginners and is set in a fun, hands-on positive environment. A puffball will be used and no contact is allowed, **the emphasis is on fun!**

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<tr>
<th>Session</th>
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<tr>
<td>Session 1</td>
<td>Wednesday 5:30 pm - 6:30 pm</td>
<td>$105</td>
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<tr>
<td>Session 2</td>
<td>Sunday 3:00 pm - 4:00 pm</td>
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<tr>
<td>Session 3</td>
<td>Both Wednesday &amp; Sunday</td>
<td>$180</td>
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### Girls Beginner & Novice Program Grades 3 - 10
This program is for girls who are beginner or novice lacrosse players who need to sharpen their basic skills while being introduced to more advanced techniques.

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<tr>
<th>Session</th>
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<tr>
<td>Session 4</td>
<td>Wednesday 5:30 pm - 7:00 pm</td>
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<td>Session 5</td>
<td>Sunday 4:00 pm - 5:30 pm</td>
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<td>Session 6</td>
<td>Both Wednesday &amp; Sunday</td>
<td>$235</td>
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### Girls Advanced Skills Program Grades 6 - 8 & 9 - 12
These programs are for the intermediate and advanced skill level players who have been playing lacrosse for a while and have a good deal of skill. These players want to refine their skills while being introduced to more advanced techniques so they can capture a starting position on their high school’s team.

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### Boys Elementary Level Grades 2 - 5
This program is for all levels of players who want to learn how to play lacrosse the right way. Players will sharpen their existing skills while being introduced to more advanced tactics.

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### Boys Beginner & Novice Program Grades 6 - 10
This program is for the players who want to learn how to play lacrosse and for the players who have played lacrosse for a year or two and want to sharpen their existing skills while being introduced to more advanced tactics.

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### Boys Advanced Skill Programs Grades 3 - 6 & 7 - 9
These programs are for advanced players who want to take their game to the next level. Our staff will use a fast-paced skills and drill format similar to the one they use with their High School teams. Players will be divided by positions and by age groups when appropriate. Two years of experience is required.

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**FOR MORE INFORMATION VISIT: WWW.CAPITALLANDLACROSSE.COM**
**Fall & Winter Basketball Programs**

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**Fall Basketball**
Boys and Girls Grades 2 - 12
( limited spots for grades 2 - 3)

Teams will play Saturday and Sunday outdoors (weather permitting) from September 7th to October 6th at Clifton Common. Forms are available at Clifton Park Town Hall or online. Registration fee is $55.00. Please register early, as slots in each age group are limited. Questions? Contact Frank Massa 518-877-6258 or e-mail at mrhoops@nycap.rr.com.

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**Boys Winter Recreation Basketball**
(Grades 2 - 12)

Teams will play on Saturdays from
November 2 - Late March

Must live in the Shenendehowa School District or Town of Clifton Park and not be playing on a “Grades 8 & younger” travel team, to be eligible to play. Some first graders may be accepted as well. Registration begins September 13th online, mail or drop off form at Town Hall. Space is limited and it is filled on a first-come, first-served basis, so please register as early as possible. Registration is $95 up to grade 9, $130 for grades 10-12.

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**Boys Winter Travel Basketball**
(Grades 9 - 12)

The high school travel tryouts will be held at Shenendehowa High School East New Gym on November 10th. Registration forms will be available for pick up starting September 13th. You must pre-register to attend the tryout. Please send all registrations to Frank Massa at mrhoops@nycap.rr.com or contact him at 518-877-6258. You may also drop off forms at Town Hall. Please plan on attending the tryouts on both days to be considered for a team. The League fee of $290 will be due upon selection of a team.

**Tryout times will be as follows on November 10th:**

- **9th and 10th Grades**
  - 5:00 pm - 7:30 pm
- **11th & 12th Grade**
  - 7:30 pm - 9:30 pm

A second tryout date will be on a weeknight during the same week.

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**Girls Winter Recreation Basketball**
(Grades 2 - 12)

Teams will play on Saturdays from
November 2 – March 14

Must live in the Shenendehowa School District to be eligible to play. Registration begins September 5 by mail or drop off form at Town Hall. Evening registration will take place on September 5 from 7:00 pm - 8:30 pm at Town Hall. Registrations received after November 1 will be considered late and may be placed on a waiting list. Registration fee is $105.

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**Girls Winter Travel Basketball**
(Grades 4 - 8)

The travel program will be holding tryouts this year on the weekend of September 28-September 29, 2019 at Koda Middle School. The registration fee is $290. Tryout times will be as follows:

**Saturday, September 28**

- 4th Grade 12:30 pm - 1:25 pm
- 5th - 6th Grades 1:30 pm - 2:55 pm
- 7th - 8th Grades 3:00 pm - 4:25 pm

**Sunday, September 29**

Tryout times to be announced on Sept 28.

Registration begins September 5 either by mail or drop off forms at Town Hall. Evening sign up will be on September 5 from 7:00 pm - 8:30 pm at Town Hall. There will be NO refunds after October 4, 2019.
Muddy Tots  
(Ages 2 - 5)  
This program will provide a unique opportunity for young children to engage in learning through outdoor autumn play at beautiful Kinns Road Park. Parents/caregivers support children in exploring the natural surroundings through various book themes, natural building methods, and outdoor living skills. Creativity and movement are a requirement. Hands will get dirty, clothes will get muddy and all participants will have an opportunity to soak up nature in our own backyard. Please dress appropriately for weather conditions. Parent/adult participation required.

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<td>September 11 - October 16 (Wednesdays)</td>
<td>9:30 am - 10:15 am</td>
<td>Kinns Road Park</td>
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Fee: $60, $45 for additional siblings, younger siblings below the class age are welcome to come play.  
Instructor: Kelsi Clark, M.P.S. Environmental Interpretation

Parent & Me Trail Stomping  
Nature Education Programs  
Kelsi Clark, Program Facilitator  
Come explore Clifton Park’s Open Spaces! A nice morning out for young children and parents/caregivers who are looking to get outdoors this Fall. Each hike will last approximately one hour and will incorporate a nature-education theme. Most of the walks will be “jogging-stroller friendly” but a child backpack or front carrier is recommended, dependent upon the age of the child participants. Please dress appropriately for trail conditions. Parent/adult participation required.

Dates & Sites:
- October 23  Hayes Nature Park, 231 Moe Road  
- October 30  Mohawk Landing, 640 Riverview Road  
- November 6  Dwaas Kill Nature Preserve (main trailhead mid-way along Pierce Road)  
- November 13  41-Acre Property, 588 Riverview Road  
- November 20  Kinns Road Park, 625 Kinns Road  
- November 27  Veterans Memorial Park, 697 MacElroy Road, Ballston Lake  
- December 4  Garnsey Park, 1481 Route 146  
- December 11  Northwoods Nature Preserve, 38-40 Shadow Wood Way, Ballston Lake  
- December 18  Vischer Ferry Nature Preserve, Riverview Road - Whipple Bridge  

Time: 9:30 am  
Fee: Free, pre-registration is required.

Things That Go Bump in the Night: Animals You Didn’t Know Lived Here  
Join us for a family-friendly, Autumn evening, guided, group nature walk with stops at interactive stations. Animal facts that will be showcased include the Flying Squirrel, Red Est, Osprey and Dragonfly! Gather for some storytelling, light refreshments and enjoy the night sky!  

Date: Saturday, October 19  
* TIP * Dress warmly and bring flashlights!  
Time: 5:30 pm to 7:30 pm  
Site: Veterans Memorial Park, MacElroy Road. Meet at pavilion.  
Fee: Free, pre-registration is required.  
Sponsored by: Town of Clifton Park Open Space, Trails & Riverfront Committee, and the Town of Clifton Park.
Join Us for Historic Tours!

Sunday, September 15 at 1:00 pm - In conjunction with Farm Fest, there will be a walking tour along the Erie Canal to Clute’s Dry Dock. Explore the site of Clifton Park’s first settlement with Town Historian, John Scherer, and view remains of the Erie Canal. The Vischer Ferry Nature and Historic Preserve is one of the few areas in which both the original 1825 and enlarged 1842 canals can be seen. The later 1915 Barge Canal will also be visited. Learn about the importance of the Erie Canal and the impact it made on Clifton Park. Meet at the entrance to the Vischer Ferry Nature and Historic Preserve by the Whipple Bridge at Van Vranken and Riverview Roads.

Sunday, October 27 at 1:00 pm - Tour the Jonesville Cemetery with nineteenth century Vischer Ferry undertaker, Garret Van Vranken, as guide. Meet some off the dearly departed played by members of the “Not So Common Players,” as we wander through Clifton Park’s mid-nineteenth century rural cemetery learning about tombstone styles and Victorian symbolism. Meet at the cemetery, additional parking across the street at office building.

First Fridays at Historic Grooms Tavern

290 Sugar Hill Road, Rexford, NY 12148

Friday, September 6 at 7:00 pm - Tri-City NY Paranormal. Come out for a night of spiritual investigation and join the Tri-City NY Paranormal Society for a spirit circle. Help try to contact the spirits of the tavern while conducting research into the unknown!

Friday, October 4 at 7:00 pm - Mickey Travels LLC /Disney Vacation Planning. Have you always dreamed of a trip to Disney but are too overwhelmed with all of the details or afraid that a trip is out of your reach? Come hear insider tips and tricks for having the best Disney vacation experience shared by a professional Disney planner. Whether it’s your first or 50th visit, you will be amazed at how much you miss without the FREE guidance of an expert.

Friday, November 1 at 7:00 pm - Using DNA in Your Ancestral Search. Many are discovering their ethnic origins through DNA testing, but a DNA test enables you to discover so much more. Clifton Park Historian, John Scherer will explain how DNA can break down those brick walls in your family tree and lead you to unknown cousins who may have photos and information about your family that you never guessed existed. DNA is truly a remarkable genealogical tool.

Friday, December 6 at 7:00 pm - Crossroads and Canals: A History of Clifton Park. Join Clifton Park Historian, John Scherer and travel back in time to a more rural Clifton Park of over one hundred years ago. Antique postcard views and early photographs will illustrate the colorful history of the town. Come visit the tree-lined streets of Jonesville and the resort hamlet of Vischer Ferry of a century ago.

Friday, January 3 at 7:00 pm - From Farms to Suburbs: Clifton Park Develops. Clifton Park Town Historian, John Scherer, will present a program on the emergence of Clifton Park from a farming community to a major and vital suburb of the Capitol District. Longtime residents, please sharpen your memories and contribute to this powerpoint presentation on Clifton Park’s recent past.

Friday, February 7 at 7:00 pm - An Evening with the Not So Common Players. Not So Common Players is thrilled to be a part of First Fridays in our 20th season! We are a community theater group sponsored by the Town of Clifton Park. Our presentation will be a delightful trip through our company’s history, a look at some of the shows we produced along the way and a sneak peek at our upcoming productions.

Friday, March 6 at 7:00 pm - Historical Quilts. Explore the unique patterns and meanings of historical quilts, all made right here in the capital district.
Zumba® Fitness
(Ages 13 and up)

Perfect for everybody and every body! Each Zumba® class is designed to bring people together to sweat it on. We take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? YES! Super fun? YES! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Wear supportive sneakers with minimal tread to allow for pivoting. Bring a towel and lots of water!

**Date:** Session 1  September 9 - December 9  (Mondays, no classes 11/18)
Session 2  September 11 - December 11  (Wednesdays, no class 11/20)
Session 3  January 6 - April 6  (Mondays, no class 3/2)
Session 4  January 8 - April 8  (Wednesdays, no class 3/4)

**Time:** 6:00 pm - 7:00 pm
**Site:** Clifton Park Senior Community Center
**Fee:** $78 for 13-week session
**Instructor:** Anna Rivelo, Licensed Zumba® Fitness Instructor

STRONG by Zumba®
(Ages 13 and up)

Stop counting the reps. Start training to the beat. STRONG by Zumba® combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every single move. Every squat, every lunge, every burpee is driven by the music, helping you make it to that last rep, and maybe even five more. In a one-hour class you will burn calories while toning arms, legs, abs and glutes. Plyometric or explosive moves like high knees, burpees, and jumping jacks are interchanged with isometric moves like lunges, squats, and kickboxing. STRONG by Zumba® instructors change up the music and moves frequently to make sure you’re always challenged to the max. Wear supportive sneakers with a tread to avoid slipping; bring a yoga mat; weight-lifting gloves are recommended to avoid slipping on your sweat; and lots of water!

**Date:** Session 5  September 10 - December 10 (no class 11/19)
Session 6  January 7 - April 7 (no class 3/3)

**Time:** 6:00 pm - 7:00 pm  (Tuesday evenings)
**Site:** Clifton Park Senior Community Center
**Fee:** $91 for 13-week session
**Instructor:** Anna Rivelo, Licensed Zumba® Strong™ Instructor

Namaste in Nature
(Ages 18 and up)

Come join our one-hour, all-levels yoga in nature! Come to align mind, body and breath in the beauty of Garnsey Park. Everyone is welcome. Please bring a yoga mat, towel and water bottle. Classes are held weather permitting. No previous experience needed.

**Date:** September 7 - October 26
**Time:** 8:00 am - 9:00 am  (Saturday mornings)
**Site:** Garnsey Park, 1481 NYS Route 146, Rexford
**Fee:** $120
**Instructor:** Colleen Parker
Barre: The workout of choice for fitness friends everywhere  
(Ages 13 and up)

Would you like to get going on a fitness program that will help you to become stronger, with lean, long muscles? Barre is a unique, high energy/no impact exercise class that combines barre work and lightweights with continual fat burning motion. Central to the workout are toning and resistance exercises for the butt, legs, torso and arms to sculpt muscles and elongate the appearance of your body. You will also focus on improving your flexibility all while having fun and listening to great music! Bring a light set of hand weights, a mat, and a water bottle.

Date: 
Session 1 October 5 - November 9 (6 classes) Fee: $48  
Session 2 November 16 - December 21 (6 classes) Fee: $48  
Session 3 January 11 - March 14 (10 classes) Fee: $80

Time: 10:00 am to 11:00 am (Saturdays)
Site: Locust Lane Clubhouse
Certified Instructor: Judi Dyer, is Certified Group Fitness Instructor.

Yoga  
(Ages 16 and up)

This traditional Hatha yoga class is suitable for all levels and experience. The only requirement is the ability to safely get down and back up from the floor. Yoga provides a stress-free, intimidation-free workout to stretch and strengthen the body gradually while building awareness of the breath and the body. Traditional poses are practiced at a slower pace with attention to alignment, embodiment and detail. Highly recommended for people looking for a work-in as well as a work-out. Every session will include breath techniques (pranayama), physical poses (asana), rest (savasana) and stillness/meditation.

Date: 
Session 4 September 19 - October 24 (6 classes) Fee: $48  
Session 5 November 7 - December 19 (no class 11/28 - 6 classes) Fee: $48  
Session 6 January 9 - March 12 (10 classes) Fee: $80

Time: 6:00 pm - 7:00 pm (Thursday evenings)
Site: Clifton Park Senior Community Center
Instructor: Rebekah Magin, Rebekah Magin is an experienced student and teacher of Yoga.

Strength Training for Women  
(Ages 16 and up)

Join this strengthen training program that is designed for women of all fitness levels, offered on Monday and Wednesday evenings. Learn proper form and techniques. The Monday class utilizes kettlebells as a weight tool to help build muscle strength. Wednesday's class will be a full body workout to improve cardiovascular endurance, enhance core stability and strength, and will incorporate hand weights, resistance bands and other tools to build your muscular endurance.
What you need: an exercise mat, a kettlebell for Monday’s class, a set of dumbbells for Wednesday and water bottle. Beginners bring 5 lb. weights. We will furnish 2 lb. weights if needed. For those new to kettlebells or would like a refresher we will hold a form class on September 18th.

Fall Programs
Session 7: Monday, September 23 - November 25 (10 classes) Time: 6:30 pm -7:30 pm Fee: $80  
Session 8: Wednesday, September 25 - December 4 (10 classes) Time: 6:30 pm -7:30 pm Fee: $80  
(no class 11/27)
Session 9: Monday, December 2 - 23 (4 classes) Time: 6:30 pm -7:30 pm Fee: $32

Winter Programs
Session 10: Monday, January 6 - March 9, 2020 (10 classes) Time: 6:30 pm -7:30 pm Fee: $80  
Session 11: Wednesday, January 8 - March 11, 2020 (10 classes) Time: 6:30 pm -7:30 pm Fee: $80  
Session 12: Monday, March 23 - May 11, 2020 (8 classes) Time: 6:30 pm -7:30 pm Fee: $64

Site: Locust Lane Clubhouse
Instructor: Tara is an ACE Certified Personal Trainer and Group Fitness Instructor.

If a registrant misses a class provided by Fitness Professionals on Demand, they can attend any other class provided by them as a makeup.
Special Thanks to the Sponsors of our Summer Events!

July 4th Celebration Gold Sponsors

County Waste
Market 32 by Price Chopper
Prestige Services

Adventure Challenge Party
(Ages 12 and up)
Available through October 31
Are you looking for new, exciting party ideas? Let us help you create a party your guests will never forget. High adventure thrills at our ropes course located at Collins Park makes a great birthday party.

Adventure Ropes Course
Cooperative teaming creates a safe environment for a whole new world of excitement. Non-competitive game, cooperative problem solving, and the low and high ropes course are the principal activities used to make this experience memorable. Instructors will assist your guests in a thrilling and fulfilling learning experience. Food, drink and pavilion rental not included. Waiver forms will be sent with registration. Please call 518-371-6667 for rates.

17th Annual Mohawk Towpath Byway Duathlon
This event is being held at Riverview Orchards, 660 Riverview Road in Rexford, NY on Sunday, October 20, 2019 at 8:30 am. The events are 2 mile run / 17 mile bike / 2 mile run to the finish and is a USAT sanctioned event. Scholastic and Grandmaster Classes now open.

Registration is now open. Each year the Mohawk Towpath Byway Duathlon attracts top regional multi-sport athletes, as well as recreational runners and bikers. The start, exchange area, and finish are all at Riverview Orchards and the courses are through rural Fall foliage-lined landscapes along the Mohawk Towpath Scenic Byway.

There will be an event clothing item with a Byway logo for the first 100 registered participants. All participants and volunteers receive a Giffy’s Bar-B-Q chicken dinner post race feed.

For more information, please check out: http://www.mohawktowpath.org/duathlon

Not So Common Players present:
You’re a Good Man, Charlie Brown

Charles Schulz’s beloved comic comes to life in Clark Gesner’s classic musical. The whole gang is here: bossy Lucy is hopelessly in love with piano prodigy Schroeder who doesn’t give her the time of day; perfectionist Sally is still mocking blanket-toting Linus; Snoopy is in the doghouse; and “blockhead,” himself, Charlie Brown, is in rare form. Brief vignettes span the months from Valentine’s Day to Beethoven Day, from wild optimism to utter despair. In this revised version, the sweet, joyful innocence of the Peanuts gang is maintained, but a fresh insouciance and playfulness is revealed. Whether you’re keen to fly with the Red Baron, moon over the Moonlight Sonata, or just do your best to find “Happiness,” You’re a Good Man, Charlie Brown is a crowd-pleasing classic.

November 8-10 and 14-17
Clifton Park-Halfmoon Public Library
Thursday at 7:30 pm
Friday & Saturday at 8:00 pm
Sunday at 2:00 pm
Programs and Skate Park

**Fall Table Tennis**
Tuesday evenings 7 pm - 10 pm  
September 10 - December 17  
(no program 11/5)  
Locust Lane Clubhouse  
Fee: $42 per season/1 night per week  
Guest $4 per night  
Thursday nights will be open and available based on a minimum number of participants.

**Winter Table Tennis**
Tuesday evenings 7 pm - 10 pm  
January 7 - April 28  
Locust Lane Clubhouse  
Fee: $51 per season/1 night per week  
Guest $4 per night  
Thursday nights will be open and available based on a minimum number of participants.

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**Intro to Fly Tying**  
*(Ages 13 and up)*

First session will cover materials, tools and safety along with hands-on instruction. Students must have their own tying tools, which will be covered at the first class. There will be two weeks between the first and second class to obtain any needed tools. By the end of 8 sessions, each student should have the skills needed to embark on a life-long hobby of fly tying. This should bring a deeper appreciation of the great outdoors and desire to keep the environment as good as or even better than our forefathers left them for us!

Each student will receive several handouts including enough materials to tie 70 flys. Types of flys include streamers, nymphs, wets, drys, terrestrials, caddis, leaches and deer hair.

**Date:** Jan 8, 22, 29, Feb 5, 12, 26, March 4, 11, 25* (*extra date for weather)  
**Time:** 7:00 pm - 9:00 pm  
**Site:** Historic Grooms Tavern, 290 Sugarhill Road, Rexford  
**Fee:** $75  
**Instructor:** Rodney Priddle, Capital District Fly Fishers

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**Clifton Park Action Park**

Clifton Park’s skate park is located off of Clifton Country Road. This is an unstaffed park open seasonally, weather dependent.  

**RULES:**

- Park users use the park at their own risk of being injured. The Town of Clifton Park will not be liable for injuries.
- The Town of Clifton Park is not responsible for personal property brought to the park.
- Rough play, abusive behavior, obscene language, and obscene graphics on equipment or clothing will not be tolerated and may be grounds for removal from the park.
- All equipment is to be used per manufacturer’s specifications. Skaters must wear shirts, shoes and helmets. Inline skaters must also wear wrist guards.
- Only one person at a time is allowed to skate on a ramp.
- The park will not be open when the equipment, apparatus, and/or pavement is wet or icy.
- Skaters are to use only the equipment that is appropriate for their skill level.
- Report visible hazards or repair needs to the Town Buildings and Grounds Department at 518-371-6651.
- Only skateboard, scooters and inline skates are permitted. All other uses are prohibited which include BMX, Razor Scooters, heelies, snake boards, wave boards, or any other type of rideable items.
- All equipment used by park users must be in good condition and not damage the park or its structures.
- Recklessness will not be tolerated. All skaters must use this facility responsibly to avoid injury to themselves or others. The use of proper skater etiquette is expected at all times.
- No skating or trespassing is permitted when the skate park is closed. Violators will be prosecuted.
- The following are prohibited: radios/boom boxes, smoking, vaping, alcohol, chewing gum and tobacco products.
- All forms of graffiti, tagging or other means of defacing town property is strictly prohibited. Violators will be prosecuted.
- No knives, guns, or weapons of any nature shall be permitted in any portion of the Park.
- Eating and drinking is permitted in picnic area only.
- Glass containers are prohibited on town property.
- No contests of any sort are allowed in the park unless organized by the Town of Clifton Park.
- No person or group shall provide instruction, coaching, or teaching of skating or skateboarding in the park for any fee or compensation. No person shall pay another person at the park for instruction, coaching, or teaching.
**Clifton Common**  
7 Clifton Common Blvd., Clifton Park  
Located off of Vischer Ferry Road, this 81-acre park offers baseball, softball, and soccer fields. There are also outdoor basketball courts, a playground area, an outdoor stage and 2 indoor skating arenas. The Clifton Park Senior Community Center is also located in the Clifton Common.

**William K. Collins, Jr. Park**  
527 Moe Road, Clifton Park  
Located near the intersection with NYS Route 146, this park provides a ball field*, playground, nature trail, picnic areas, volleyball net, pavilion* and “open space” areas for a variety of sporting activities and family gatherings. Reservations may be made by calling the Office of Parks, Recreation and Community Affairs.

**Dwaas Kill Nature Preserve**  
Pierce Road, Clifton Park  
This 250-acre nature preserve area has a wide range of wetlands and woodlands and the confluence of 3 streams. Fishing trail access on north side of Dwaas Kill. Rugged, uneven terrain for hikers.

**Garnsey Park**  
1481 NYS Route 146, Rexford  
A beautiful 151 acre parkland with hills, meadows and wetlands, can be explored via a nature trail through meadows and woods. Small unpaved parking lot is near the trailhead kiosk.

**Kinns Road Park**  
624 Kinns Road, Clifton Park  
Located on Kinns Road, this park provides nature and cross-country ski trails. There is also a picnic area. The park’s trails extend south across a stream to the Sherwood Forest neighborhood.

**Mary Jane Row Dog Park**  
30 Ray Road, Rexford  
Dedicated dog run area located within view of Vischer Ferry Road, to be used with permit only. This park is open from dawn to dusk. Permits are available at the Town Clerk’s Office at Town Hall.

**Mohawk Landing**  
640 Riverview Road, Rexford  
The six-acre nature preserve is located adjacent to Riverview Orchards. This park contains nature trails, a scenic river overlook, small picnic area, kayak/canoe access to the Mohawk River, and streams.

**North Woods Nature Preserve**  
Enterprise between 38 & 40 Shadow Wood Way, Ballston Lake  
This 80-acre woodlands is the former Village of Round Lake reservoir, with stream and pond, and offers nature trails for hiking, snowshoeing and wildlife enjoyment.

**Veterans Memorial Park at Elks Trail**  
697 MacElroy Road, Ballston Lake  
Located on MacElroy Road, this 141-acre park provides softball fields*, a pavilion*, and informal walking paths. Beautiful wetlands behind ballpark. A new hiking trail extends to the Mooney Carrese Forest.

**Vischer Ferry Nature and Historic Preserve**  
Riverview Road & Van Vranken Road, Rexford  
Located adjacent to the Mohawk River, this 600+-acre preserve offers hiking, fishing, cross-country skiing, and bird-viewing opportunities. The towpath trail along the historic Erie Canal extends from the end of Ferry Drive to the Whipple Bridge and beyond, and includes newly restored views of Historic Double Lock 19.

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*Field and Pavilion Rental Information*

Rental scheduling available starting January 1. Facilities open mid-April and include field and pavilion rentals. Facility rental is open to residents and local community or business organizations only. You may make a reservation by calling the Office of Parks, Recreation and Community Affairs at 371-6667. Field and pavilion rentals are separate costs.

The Outdoor Facility Permit Application for rentals is available for download at  

**Rental Fees**  
Town Residents/Not for Profit Organizations- $12/hour Monday to Thursday, and $15/hour Friday to Sunday  
Business- $17/hour Monday to Thursday, and $20/hour Friday to Sunday
## Parks and Amenities

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Residential Postal Customer

Town Board:
Phil Barrett, Supervisor
Lynda Walowit, Deputy Supervisor & Councilwoman
Jim Romano, Councilman
Amy Standaert, Councilwoman & Parks and Recreation Co-Liaison
James Whalen, Councilman & Parks and Recreation Co-Liaison

Photo by: Kim Ferraioli
Barney Road Pond